

Village of McDonald Athletic Complex

2023 Track & Field Meet Information

GENERAL INFORMATION

Admission: Admission for meets is **\$5 for students and \$7 for adults** per person and will be cash only.

Parking: All spectators are expected to park on the visitor's side parking lot (East Parking Lot) during the events. Home side parking is for McDonald Athletes, Coaches (home and away), Officials, Buses, and Booster Club members. Buses should drop off athletes on the visitor's side (East side) of the stadium and then park on the home side (West side) of the stadium.

Concessions: A limited number of food items will be available.

Meets: In 2023 MHS is proud to sponsor two Varsity MVAC Track and Field meets and one middle school MVAC meet.

Time: Field events will start promptly at 4:30 along with the 4x800 meter relay. Boys Shot Put, Girls Discus, Boys Long Jump, Girls High Jump. Long Jump will have a one hour open pit for boys and then girls. All other running events will begin at 5:00. The boys and girls will run the 4x800 meter relay and 3200 meter together.

Location/Facilities: The Village of McDonald Athletic Complex is a athletic facility on 30 acres of land. It consists of a turf football field, eight lane all-weather track with shot put, discus, long jump, high jump and pole vault. The facility can seat 1500 people and has a field house with locker rooms and all-purpose room. Portable toilets will be available for spectators and athletes of other schools.

GPS Address: 501 West Second Street, McDonald, Ohio 44437

Teams: All visiting track and field teams are permitted to set up team camps in the visitor's bleachers. The north end of the bleachers will be roped off for spectators watching the long jump. Teams should use the south end of the visitor's bleachers for team camps.

Entries: All entries for the MVAC meets will be done on-line at www.baumspage.com. Please visit the Baumspage's website at your earliest convenience in order to familiarize yourself with how the entry process works. Changes are permitted the day of the meet. Coaches will need to see the meet manager before running events start.

Seeding: Running events will be seeded based on entry times. Please be realistic with your entry marks. Athletes entered without a seed time will be placed in a slow heat or be assigned a lane at the meet manager's discretion. Meet management reserves the right to adjust seed marks based on the coach's recommendation. Please put marks that are valid. Fastest times will be represented in the early heats of the sprint races.

Field Events: Throwing events will be seeded and put in flights.

Spikes: Athletes may use the ¼" pyramid style spikes or less in all events. NO OTHER SPIKES WILL BE PERMITTED.

Starting Blocks: Will be available at the athletes' choice. No schools will need to bring their own starting blocks unless Moya blocks are needed.

Results: We will have complete results available on baumspage.com immediately after the meet is over.

Check-In for events: Running events will check in at the starting line of their events. They should see a clerk and that clerk will put them in their respected heats. We will announce preliminary check in times in order to avoid running heats with open lanes. Please listen for these check-in times, even if you are competing in another event. Check in with the clerk to avoid being scratched and help us run an efficient meet.

Warm-Up periods for field events: General warm up is 30 minutes prior to start of event. Between flights will be a 10-minute warm up period. Warm-ups can only occur under the supervision of an official or coach.

Please be patient with the officials and meet managers. Please listen for the calls for each race and be on time when checking in prior to your event. This will help to keep the meet moving along as quickly as possible. Your cooperation is greatly appreciated.

If you are going to scratch from an event at the meet, please let the Clerk know so that we may condense heats whenever possible.

Please, no headphones inside the competition area. You must be able to hear when your event is called.

Please be respectful and clean your team areas prior to leaving. Throw all garbage away.

No sunflower seeds, gum, or Gatorade is permitted on the track or turf infield.

All OHSAA and NFHS Track and Field rules will be enforced during competition.